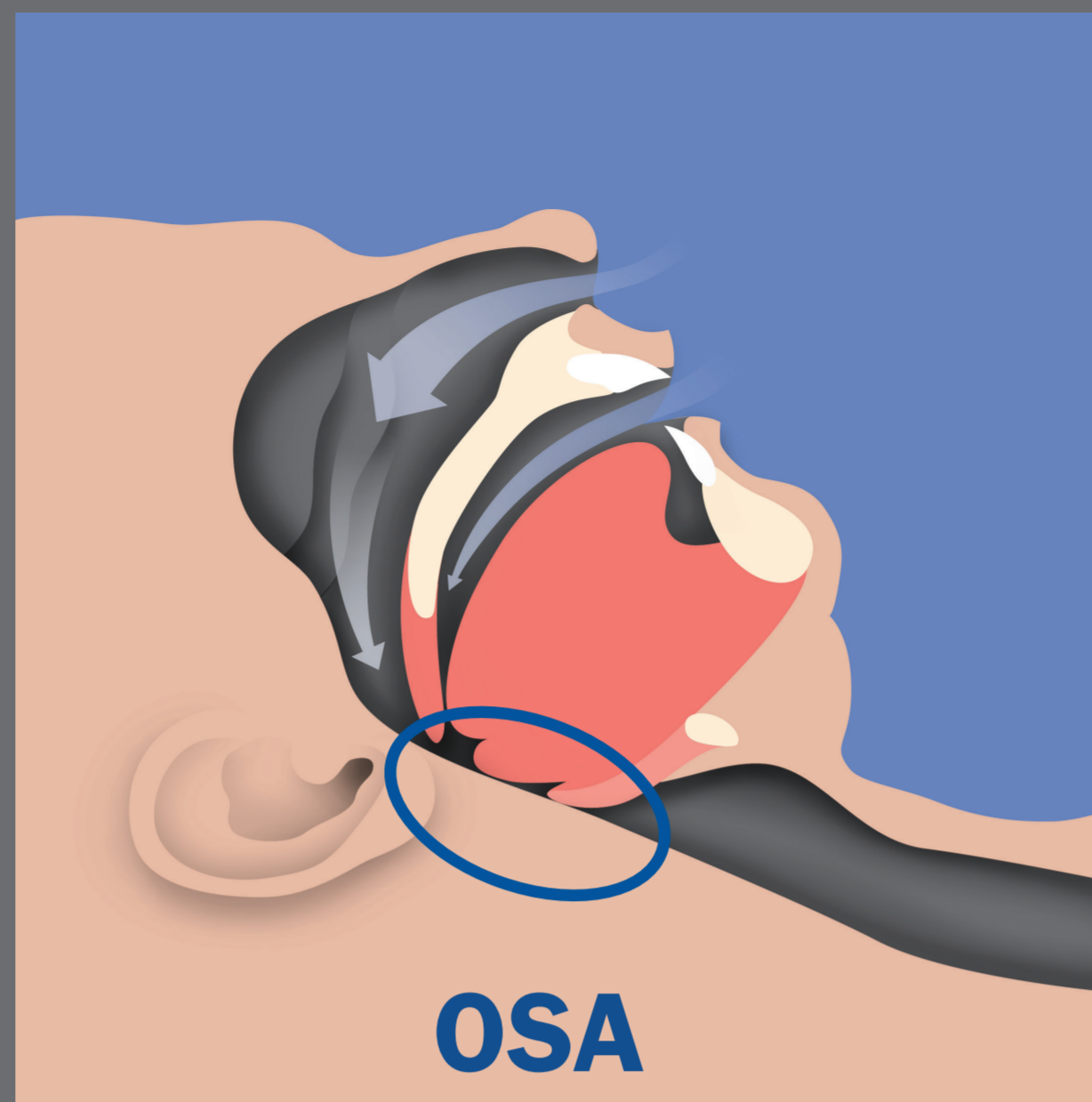


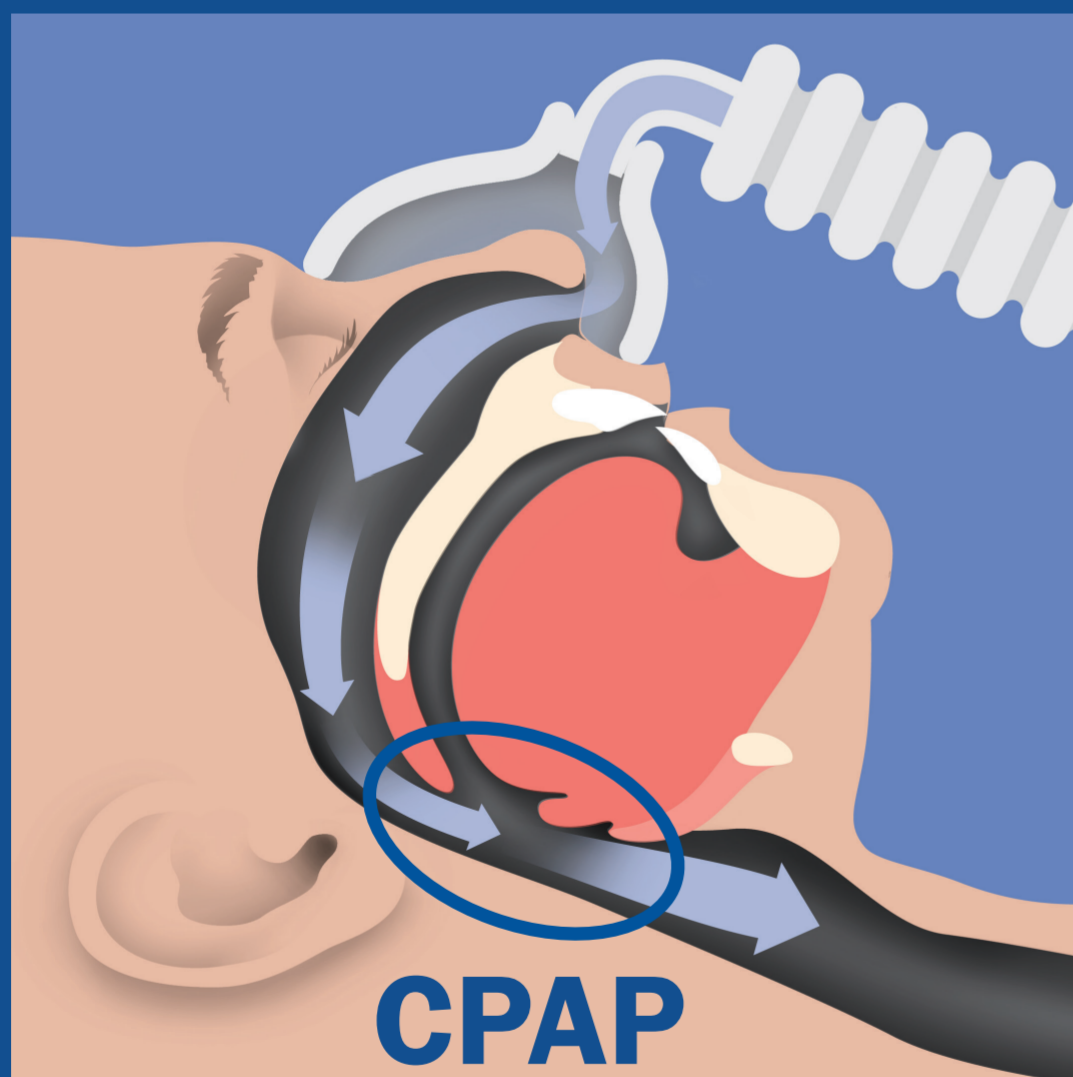
OBSTRUCTIVE SLEEP APNEA (OSA)



OBSTRUCTED AIRWAY

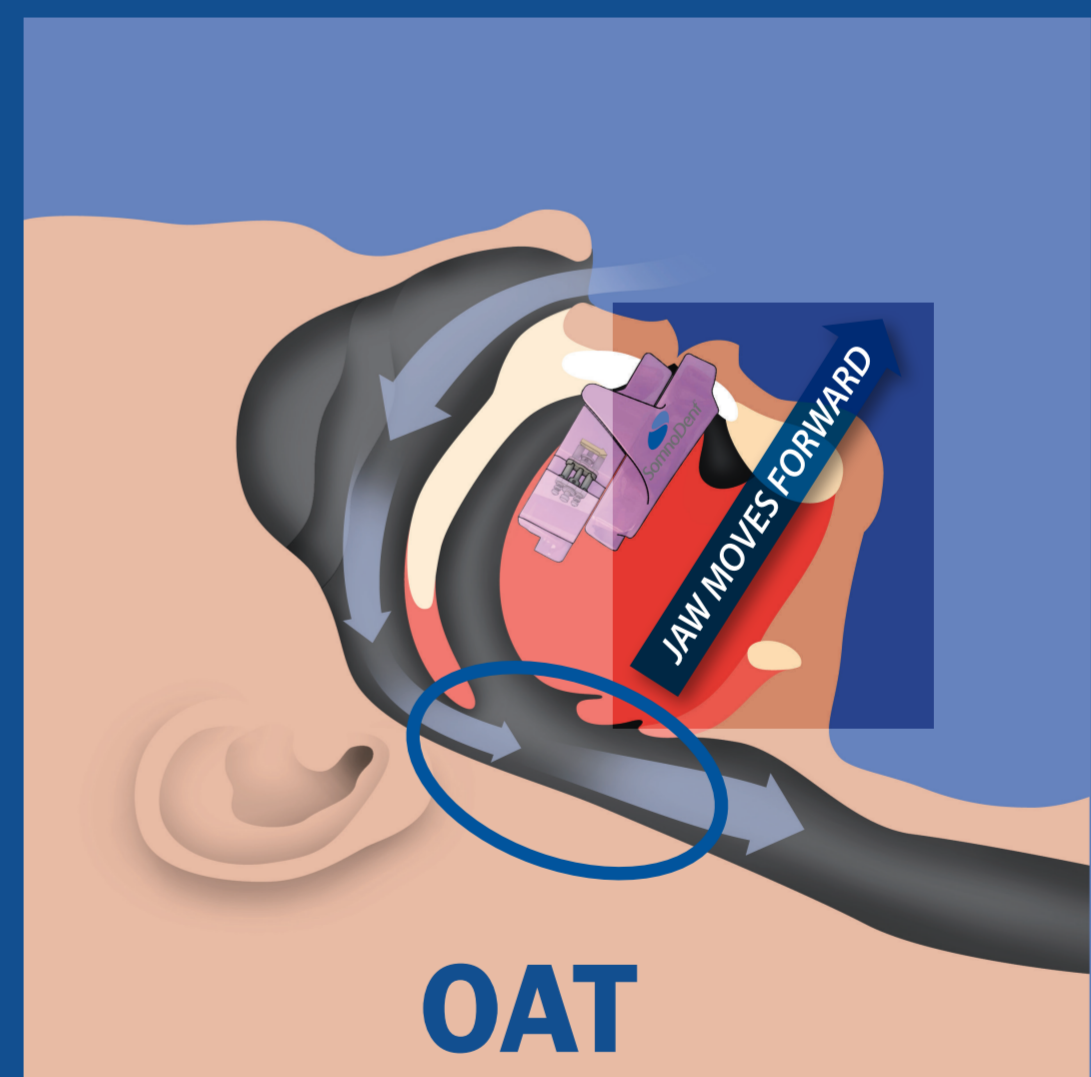
While we sleep, gravity and muscle relaxation allows the tongue and surrounding soft tissue to fall back into the throat area, collapsing the airway and obstructing the air flow.

COMMON TREATMENT OPTIONS



CONTINUOUS POSITIVE AIRWAY PRESSURE

- CPAP machine supplies pressurized air through a tube and into a mask that is worn over the nose, or sometimes nose and mouth.
- The increased air pressure prevents the sleeper's airway from collapsing during sleep.



OPEN AIRWAY THERAPY

- Worn during sleep, open airway therapy consists of devices that fit over the upper and lower teeth.
- OAT devices treat OSA by moving the lower jaw slightly forward. This forward movement helps keep the airway open.
- These devices are comfortable and simple to use.